

3126

AUTUMN 2024



ACTIVITIES

EVENTS

COURSES

OUR LOCALS

A guide to community living

3126

CNC Centre & 3126 MAGAZINE

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3126 is an independent community magazine produced quarterly by a small team of local volunteers, supported by Canterbury Neighbourhood Centre (CNC).

The editorial team welcomes feature article ideas and suggestions, as well as more volunteers to assist with the publication.

The magazine is loyally distributed by our walking volunteers and print support provided by Eastern Press.

Front cover: *Travel Associates local headquarters, celebrating 25 years, see article on page 12*

Image by Ray Gruchy

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Get involved in 3126

3126 is produced by the community for the community and we invite you to be involved with its creation.

All key roles for 3126 from design, editing, writing, photography and distribution are undertaken by volunteers, 3126 would not be possible without them. We would love to hear from you if you have any skills or experience in these areas.

We also invite our readers to share your stories or story ideas directly to the 3126 team at 3126@canterburync.au. Stories about local people, events, history, or other areas of interest in 3126 and surrounds are welcome. Completed stories should be approximately 150 to 400 words long, and ideally include good quality photos. The 3126 team will help prepare and polish the story for publication if selected, and help with photos if required.

And, get involved in shaping the future of Canterbury Neighbourhood Centre, we want your feedback, ideas and enthusiasm to help us build your Neighbourhood Centre, see page 7 for full details.

Letter to the editor

A friend sent me a copy of 3126 with an article about Craig McDonell and the stationmasters house in Maling Road.

My grandparents lived in this house many years ago. My grandfather, Jim Riley, was the stationmaster at Camberwell, I have many happy memories of time spent in this house and garden.

It seems hard to believe but my grandfather had a beautiful horse stabled at this house along with chickens and Airedale Terriers. The front garden had beautiful hydrangeas.

Living in the country, I loved hearing the sounds of trams and trains at night when I visited.

Sandra Mahoney (Holcombe)
St Leonards, Victoria

Short courses & activities

@ Canterbury Neighbourhood Centre



New
classes &
events

Women's health workshop series

Join Linda Legras, for a series of workshops focusing on the simple changes women can make to go from surviving to thriving.

Thursday 10am (2hrs)

Starts 18 April (5 sessions) \$145

Play reading group

Do you enjoy drama and going to the theatre? Join our new play reading group where we read play scripts together in a fun, informal environment.

Take on a character in the play or just listen and enjoy the story!

Thursdays 1pm (3hrs) fortnightly

Starts 2 May (5 sessions) \$150

Maximise your travel photography using a DSLR/mirrorless camera

Move beyond fully automatic mode to confidently take control of your travel photography. Ideal for beginners or a refresher class to have you snapping confidently again.

Tuesdays 6.30pm (2hrs)

Starts 7 May (4wks) \$160

Book Club – NEW group

Wednesdays 1pm (2hrs) monthly

Starts 1 May

Free for CNC members

Introduction to nature in art

Join artist Terry Napier for this special one-day introduction to nature in art.

Saturday 25 May (5hrs)

Gardening & Sustainability

Garden club

Enjoy guest speakers, exchange plants or seeds and chat with fellow gardeners over afternoon tea. Beginners to experienced green thumbs welcome.

Third Tuesday of the month, 1pm (2hrs)

Annual fee: \$20

Community garden

Enjoy participating in our community garden. Open to allocated plot holders as well as CNC members.

Social

Community kitchenette FREE

Make yourself a coffee or tea and sit down and enjoy a magazine in our community lounge.

Weekdays, 9am-4pm

Chatty Cafe FREE

Get to know other locals and make new friends over a cup of tea or coffee.

All welcome.

Wednesday 10am (1hr)

Getting the most from your iPhone or iPad FREE

Discover how to make the most out of your iPhone or iPad in our friendly, drop-in sessions.

Wednesdays 1.30pm (1hr)

Community Library FREE

Take a book, share a book. Our community library is available weekdays from the foyer. We have a full range of thriller, history, biography, literature and more as well as children's books.

Weekdays 9am-4pm

Mah Jong

A classic game of strategy and skill. New players welcome.

Friday 10am (2hrs)

Term: 12wks \$50

Book circle

Meet up for lively discussions on books, films, community activities and events.

Second Tuesday of the month, 10am (2hrs) Free for CNC members

Bridge Club

Wednesday 12pm (5hrs)



Children & Families

After School Art (8yrs+)

Does your child have a passion for art? Students will learn the fundamentals of drawing, practising portraits and still life with charcoal, pencil, and paint. Open to kids (8+ years) and teens.

Monday 4pm (2hrs)

Term: 8wks \$216

Structured playgroup (0-5yrs)

Facilitated by an early childhood educator, toddlers and pre-schoolers learn new skills through play, games, stories and music.

Siblings under 12 months free.

Monday 9.30am (2hrs)

Term: 10wks \$155

Steiner playgroup (0-5yrs)

Facilitated by an early childhood educator in the style of Steiner philosophy.

Parents, grandparents or carers are encouraged to join in.

Children under 12 months free.

Friday 9.30am (2hrs)

Term: 11wks \$171

Beginner sewing (8yrs+)

Learn basic sewing machine skills in our beginner sewing short course for kids and teens.

Thursday 4pm (2hrs)

Term: 4wks \$108

The Arts

Nature in art

Renowned botanical artist Terry Napier will guide you through watercolour techniques to illustrate the botanical world.

Monday 9.30am OR 12.30pm (2.5hrs)

Term: 8wks \$230

Upholstery and soft furnishing

Reinvigorate that tired piece of furniture or create a new cushion and accessories.

Our professional upholsterer will give you the skills and confidence to tackle a range of projects.

Wednesday 9.45am OR 12.45pm (3hrs)

Term: 9wks \$275

Introduction to life and still drawing

Explore the fundamentals of observational drawing including tone, proportion, line and value elements. Ideal for beginners and anyone who wants to improve their drawing skills.

Wednesday 10am (2hrs)

Term: 9wks \$243

The Written Word

Writing life

Structured lessons to guide you in capturing and sharing your valuable memories and anecdotes from your life and family history.

Tuesday 10am (2hrs)

Term: 7wks \$182

Modern art history

Enjoy a light-hearted look at the history of modern art.

Tuesday 1pm (2hrs)

Term 6wks \$149

Wellbeing

Buff bones for osteoporosis

A Pilates-based full body workout for bone strengthening and balance, integrated with strength training and functional and rehabilitative exercises.

Thursday 9.30am OR 10.45am (1hr)

Term: 10wks \$185

Qigong

Improve your physical strength, flexibility and balance in our new Qigong classes. Learn the ancient movement practice to recharge your energy. Ideal for all levels including beginners.

Thursday 9am (1hr)

Term: 10wks \$185

Strength Training

Keep fit and stay strong with our new exercise program to maintain muscle mass, balance, and cardio fitness.

Wednesday 8.30am (1hr) OR

Friday 9am (1hr) **NEW SESSION**

Term: 11wks \$204

Tai Chi

A gentle integrated mind and body exercise with a focus on control of movements and breathing for overall wellbeing.

Monday 12.30pm OR 1.45pm OR

Beginners 3pm (1hr)

Term: 10wks \$185

Walking group

Get fit and make friends. Enjoy a walk through the streets and gardens of Canterbury, ending with a coffee at one of our local cafes.

Thursday 9.45am (1hr)

Free for CNC members



Yoga with Susi

(beginners to intermediate)

Hatha yoga uses stretching techniques to release tension, increase flexibility and create a sense of calm.

Tuesday 9.15am OR 10.30am (1hr)

Term: 11wks \$204

Yoga with Efrat

(beginners to intermediate)

Learn yoga asanas (physical postures), breathing techniques (pranayama) to help with relaxation, and experience different forms of meditation in a nurturing, small group environment. Ideal for all levels.

Monday 9.30am (1hr) OR 7pm (1hr)

Term: 10wks \$185

Zumba Gold

Zumba Gold combines Latin and International music with a fun and effective workout system designed for lower impact than traditional Zumba.

Wednesday 9.30am (1hr)

Term: 11wks \$204

Short courses & activities at Canterbury Neighbourhood Centre – Term 2 2024

Language

French intermediate (2+ years' exp)*

Tuesday 1pm (2hrs)

Term: 9wks \$225

French intermediate (3+ years' exp)*

Monday 1pm (2hrs)

Term: 9wks \$225

French advanced (4+ years' exp)*

Monday 10.30am (2hrs)

Term: 9wks \$225

VCE French class **NEW**

Open to year 11 and year 12 VCE

French students.

Monday 4pm (2hrs)

Term: 9wks \$225

Italian absolute beginners

Thursday 12pm (2hrs)

Term: 9wks \$225

Italian advanced (4 years+ exp) via Zoom

Thursday 1pm (2hrs)

Term: 9wks \$225

Spanish absolute beginners

Wednesday 10am (2hrs)

Term: 9wks \$225

Free trials available for all classes

How to book short courses and activities

Book online: www.canterburync.au

Call us: 9830 4214 during office hours

Visit us. 2 Kendall Street Canterbury

Email: office@canterburync.au

Follow us: facebook.com/canterburync

instagram.com/canterburync



School Holidays @ Canterbury Neighbourhood Centre

We have a range of fun activities
for kids and teens over
the school holidays.



Scan the QR code to join
our email list to stay in
the loop.



Partnership programs

Swinburne Chorale

Choir led by Sarah Mandie.

No audition required, just a love of
singing and music. Tuesday 7.30pm
at Canterbury Neighbourhood Centre.

Email: choraleswinburne@gmail.com

Website: swinburnechorale.com.au



canterbury
NEIGHBOURHOOD CENTRE

Connecting Canterbury

Have your say!



Canterbury Neighbourhood Centre is developing a strategic plan that will shape our activities and priorities for building our community. **We want to hear from you!**

What things connect us as a community?

Examples might include:

- Sense of belonging
- Passion for arts/culture
- History and preservation
- Intergenerational activities
- Care for environment
- Youth
- Accessibility and inclusion
- Active ageing

What role can the Neighbourhood Centre take in building a connected community?

Join us for a café conversation session to meet other locals and share ideas.

Let's dream big and make it happen!



Thursday 18 April
Sessions: 1pm – 2.45pm or
7pm – 8.45pm

Register here for catering purposes

<https://canterburync.au/connecting-canterbury>

WIN!
\$50 credit
towards any
CNC activity*

* Participants in Canterbury Neighbourhood Centre's World Café are eligible to go into the draw to win a \$50 credit towards any activity taken at the Centre. More details at www.canterburync.au



VENUE HIRE

Enjoy our space



Canterbury Neighbourhood Centre offers a range of venue hire opportunities for the local community ideal for groups, small businesses, workshops and events.



Spaces include small and large meeting rooms, purpose-built art room, registered kitchen and external workshop situated in the beautiful Canterbury gardens.

Rooms can be booked weekdays, weekends and evenings. Discounts are available for regular hires and not-for-profit groups.



••• Visit us and view all our hire options.

Open Monday to Friday 9am to 4pm or email us for more information and availability: office@canterburync.au

Come and check out your new **Canterbury Community Precinct**

Community Open Day

Free event

Saturday 18 May

10.30am to 12.30pm

2 Kendall Street, Canterbury VIC 3126



Visit the new spaces and discover
what programs and activities are on offer
from your local community services.

There'll be activities, food,
entertainment and fun for everyone.



Nik, the valued gardener at Abingdon

by Ray Gruchy



For several years, Nik has been the gardener responsible for maintaining the beautiful gardens at Abingdon. Nik is employed by Fiona Luce who owns and manages a Landscape Gardening business and provides the overall guidance for the Abingdon landscape gardening.

Nik had to flee his home in Afghanistan due to persecution. He entered Australia via Christmas Island in July 2012. He stayed there until he gained entry to the Australian mainland on a temporary protection visa.

Nik became a valued contributor to the Abingdon gardens when he joined Fiona's landscape business six years ago. Initially he worked with Jaan, a young Afghan who was apprenticed to Fiona. With help and training from Fiona, Nik was able to take over as lead gardener when Jann left to set up a business interstate. Nik is very resourceful and has a great appetite for work. He has unbounded energy, and brings that 'get-up-and-go' attitude to his commitment to work as well as a good knowledge of how to care for plants.

The Abingdon Community has been very lucky to have Fiona and Nik looking after the gardens. No matter what the weather, Nik is out there toiling away every Monday and Friday. He always greets you with a smile and 'hello' and nothing seems to be too much trouble for him. It has also been a joy to observe his knowledge of English grow alongside his skills as a gardener. His commitment to the growth and maintenance of the Abingdon gardens is enjoyed by all the residents and their visitors.



Nik with Fiona Luce who oversees the Abingdon gardens

It has also been a joy to observe his knowledge of English grow alongside his skills as a gardener. His commitment to the growth and maintenance of the Abingdon gardens is enjoyed by all the residents and their visitors.

With the support of several residents at Abingdon, Nik recently was granted permanent residency. That means he can now apply to have his family join him in Australia. Nik's wife of 26 years, Momina and their three surviving children, Maisam, Ai and Mariam had to flee Afghanistan and lived at a refugee camp in the United Arab Emirates, supported solely by Nik. With the continued assistance of the Abingdon residents, it is hoped that Nik can be reunited with his family soon.

Boutique luxury travel business celebrates 25th year

by Jenny Norvick



In November last year, Ashmore, Harris & James Travel Associates marked its 25th anniversary in the luxury travel business by hosting a birthday party at Pietro Gallus Estate in Warrandyte.

Its 75 guests included clients, industry stakeholders and tourism partners, to thank them for their support and to toast the enduring success of its flagship Canterbury office.

Ashmore, Harris & James Travel Associates – part of the Travel Associates group, is a boutique luxury brand curating one-of-a-kind travel. They manage luxury travel from end to end, researching, designing, and managing every detail from start to finish, to ensure every trip is seamless for their clients. Their business is built on their connections, from clients to suppliers, to the travel industry itself.

Above: Dani Galloway, Global MD Luxury Leisure, with Ashmore Harris & James team

Ashmore, Harris & James Travel Associates is a boutique luxury brand curating one-of-a-kind travel . . . (with) 60 offices around the country and six in New Zealand, the largest network of experienced travel advisors in the Antipodes.



Travel Associates is a boutique luxury brand curating one-of-a-kind travel.

Travel Associates in Canterbury was the very first office in Travel Associates' network to open. It was seen as a test case as to how well a high-end travel boutique focussing exclusively on curating individual luxury travel experiences would be received. In a testament to the success of the Canterbury office and to the luxury travel concept, Travel Associates now has some 60 offices around the country and six in New Zealand, the largest network of experienced travel advisors in the Antipodes.



You can find the welcoming Ashmore, Harris & James Travel Associates office in the historic Canterbury Mansions at 308 Canterbury Road, Canterbury.

Geoff Harris, one of the founders of Ashmore, Harris & James Travel Associates



Travel photography

Picture perfect travel photography

Images and article by Ray Gruchy

Planning a trip this year? Wouldn't it be wonderful to capture special memories to share with family and friends through your own high quality personal photographs?

Travel photography is all about capturing the unique experience of the traveller through recording aspects such as culture, people, clothing, food and buildings. What is captured is personal and different for each person, but the photographic genres and techniques are common, therefore

the basic skills of each genre can be learned but it is up to the individual on how they use them.

Camera choice is important. Some travellers rely on mobile phone cameras whilst others choose something more



serious. Both have their place. A word of warning – using a DSLR or mirrorless camera is far more difficult than using the cameras in modern mobile phones. Modern phone cameras use AI that provides satisfactory results for most people, however, downsides include that the size to which an image can be enlarged to is limited and low light may create ‘noisy’ (mushy) images.

The course **Maximise your travel photography using a DSLR/Mirrorless Camera** aims to help people better understand their cameras and how to use them to get the best results on their travels. Several photographic genres will be explored that each require a set of decisions relating to the basics of aperture, ISO, shutter speed and camera lens. All you need to bring is your own camera.

Monks Myanmar, Godafloss Iceland

If you wish to learn basic photographic skills or you have more advanced skills that you are keen to refresh this course could be for you

**Tuesday 6.30pm (2 hrs)
Starts: 7 May (4wks)\$160**

Capturing Memories

by Irene Montgomery



A chance comment from a neighbour, that Canterbury's Compton Street was the first concrete road in Camberwell, set resident and amateur historian Gretta Cockerell, on a path to document the street's history.

18 months and almost 20,000 words later, 'A History and Residents' Memories of Living in Compton Street from 1919 to the Present Day', is now available at the Camberwell Library. It is a compilation of early maps, wonderful photos from across the decades, Council minutes, and fascinating memoranda and oral histories. Long-term residents such as Douglas Walker who lives in the house his parents built in 1926, Peter Gilson,

who lives in the home of his grandparents, and Lorenzo and Carmela Calcagno who emigrated from Sicily and bought in Compton Street in 1977, have all provided rich memories of times past.

Gretta's neighbours' stories recall a time before cars were common, when children could safely play in Compton Street, when some necessities like ice, bread and milk were delivered to the door, often by horse and cart, and the night-cart man still visited.



Ian Walker circa 1945, photo taken in front of 18 Compton Street, and street tree, by his older brother Douglas Walker, outside the family home at number 19 that was built before 1926



Mrs E M Walker in the front garden of 19 Compton Street in January/February 1956. (This garden is a possible contender for a prize from the popular Canterbury Horticultural Society of the time!) Photo taken by her son Douglas Walker. Douglas is a long term Camberwell Camera club member and adjudicator.

Gretta's history covers the street's emergence and development from market gardens and paddocks where children picked violets, to recent times. The land was subdivided in 1919 and the first homes were built in 1920, right opposite the recently established Canterbury Primary School (1908) to the north, and Holyrood Mansion (1891) which became St Dominic's Priory in 1924, to its south.

Although much has changed, much has stayed the same. The magnificent flowering *Corymbia marri* gums, significant trees planted approximately a century ago, still stand tall, providing a home for tawny frogmouths and lorikeets. The unique history of the street remains evident in the many older-style and inter-war homes including California bungalows. The landmark mansions (c1890) Cullymont, Eyrecourt and Holyrood, also still proudly stand nearby.

And many of the residents, Gretta's acknowledged inspiration, still have their wonderful stories to tell.

For the record, the first reference to concreting a street in the then City of Camberwell was made in the Council minutes of 7 September 1925. That street was Compton Street.

. . . stories recall a time before cars were common, when children could safely play in Compton Street, when some necessities like ice, bread and milk were delivered to the door, often by horse and cart, and the night-cart man still visited.

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