

A guide to community living

OUR LOCALS



About the magazine

3126 is an independent community magazine produced quarterly by a small team of local volunteers, supported by Canterbury Neighbourhood Centre (CNC).

The editorial team welcomes feature article ideas and suggestions, as well as more volunteers to assist with the publication.

The magazine is loyally distributed by a group of volunteers co-ordinated through the Canterbury Community Action Group (CCAG) www.ccag.net.au

3126 MAGAZINE

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Front cover: Leon Rashan, local warrior on waste, see article on page 6. Image by Ray Gruchy

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Winters chill is certainly upon us, so come on down to the Neighbourhood Centre and enjoy our range of free and low cost social groups and programs in our warm welcoming space.

Garden club is back after a short break. This group of enthusiastic gardeners gather to enjoy talks, garden visits and potting project on the third Tuesday of each month.

Chatty café conversation is lively on a Wednesday morning, and Mah Jong meets on a Friday for a couple of hours of mind building play.

Our new **Social crafters** group is a space to craft and chat with company no matter what kind of creating you enjoy.

Our **Book circles** remain popular, discussing everything from books and other literature to theatre and film. We are taking expressions of interest for more Book Clubs or similar groups.

The **community library** has a growing collection of books that are free to borrow, swap, or enjoy and pass on to others. And if you really love books, we are looking for a librarian to curate the collection.

Details of all our social programs are on pages 4 and 5. And you are welcome to come by anytime and just sit and enjoy a free cup of tea or coffee in the lounge, the cuppa and the heating is on us!

Short courses & activities at Canterbury Neighbourhood Centre

NEW workshops & courses

Creative Arts

- Nature in art presents the
 Eastern Spinebill workshop
- Introduction to life & still drawing
- After school art (8yrs+)
- Floral mosaics

Wellbeing & Fitness

- Yoga fundamentals
- Mat pilates
- Ageing well for women
- Strength training

Social

Indian cooking

Language & literacy

• Creative writing



The Arts

Nature in art presents the Eastern Spinebill Workshop NEW

Join artist Terry Napier for this special oneday workshop focusing on painting The Eastern Spinebill., a species of honeyeater found locally in the area. This workshop is open to complete beginners as well as current Nature in art students. Saturday 19 August (5hrs) Cost: \$120

Nature in art

Renowned botanical artist Terry Napier will guide you through watercolour techniques to illustrate the botanical world. Monday 9.30am OR 12.30pm (2.5hrs) Term: 8wks \$228

Floral mosaics NEW

Discover the magic of mosaics making your own floral decorative tile. A 3-hour workshop suitable for beginners. Why not book with a friend and enjoy a creative day out! Saturday 22 July 10am (3hrs) Cost: \$85

Upholstery and soft furnishing

Reinvigorate that tired piece of furniture or create a new cushion and accessories. Our professional upholsterer will give you the skills and confidence to tackle a range of projects.

Tuesday 9.45am OR 12.45pm (3hrs) Wednesday 9.45am OR 12.45pm (3hrs) Term 9wks \$275 OR Wednesday 6.45pm (2hrs via Zoom) Term: 9wks \$250

Introduction to life & still drawing NEW

Explore the fundamentals of observational drawing including tone, proportion, line and value elements. Ideal for beginners and anyone who wants to improve their drawing skills. Wednesday 10am (2hrs) starting 26 July

Term: 8wks \$208

Children & Families

After school art (8yrs+) NEW

Does your child have a passion for art? Enrol in our new weekly art class led by artist Sibone Heary. Students will learn the fundamentals of drawing, practicing portraits and still life with charcoal, pencil, and paint. Open to kids (8+ years) and teens. Monday 4pm (2 hrs) Term: 6wks \$156

Structured playgroup (0-5yrs)

Facilitated by an early childhood educator, toddlers and pre-schoolers learn new skills through play, games, stories and music. Parents, grandparents or carers are encouraged to join in. Children under 12 months free. Monday 9.30am (2hrs) Term: 10wks \$150

Steiner playgroup (0-5yrs)

Facilitated by an early childhood educator in the style of Steiner philosophy. Parents, grandparents or carers are encouraged to join in. Children under 12 months free. Friday 9.30am (2hrs) Term: 10 wks \$150

Wellbeing

Yoga fundamentals NEW

Learn basic yoga asanas (physical postures), breathing techniques (pranayama) to help with relaxation, and experience different forms of meditation in a nurturing, small group environment. Ideal for beginners or anyone looking to incorporate yoga into their daily life. Monday 9.30am (1hr) starting 7 August Term: 6wks \$108

Mat pilates - evenings NEW

Wind down at the end of a busy day with our mat-based Pilates class.

Tuesday 7.30pm (1hr) Term: 10wks \$180

Ageing well for women NEW

Confidently take charge of your health and wellbeing through 40s, 50s and beyond.

A series of workshops covering female hormones, nutrition, exercise, sleep and reducing stress designed for women's health.

Monday 7pm (1hr) Term: 6wks \$97

Strength training NEW

Keep fit and stay strong with our new exercise program to maintain muscle mass, balance, and cardio fitness. Wednesday 8.30am (1hr) Term: 10wks \$180

Short courses & activities at Canterbury Neighbourhood Centre – Term 3 2023

Buff bones for osteoporosis

A Pilates-based full body workout for bone strengthening and balance, integrated with strength training and functional and rehabilitative exercises. Thursday 9.30am OR 10.45am (1hr) Term: 10wks \$180

Tai Chi

A gentle integrated mind and body exercise with a focus on control of movements and breathing for overall wellbeing. Monday 12.30pm OR 1.45pm OR Beginners 3pm (1hr) Term: 10wks \$180

Walking group

Get fit and make friends. Enjoy a walk through the streets and gardens of Canterbury, ending with a coffee at one of our local cafes. Thursday 9.30am (1hr) or **NEW** group 9.45am (1hr) Free for CNC members

Yoga (beginners to intermediate)*

Hatha yoga uses stretching techniques to release tension, increase flexibility and create a sense of calm. Tuesday 9.15am OR 10.30am (1hr) Term: 9wks \$162

Zumba Gold

Zumba Gold combines Latin and International music with a fun and effective workout system. Wednesday 9.30am (1hr) Term: 10wks \$180

Language

French absolute beginners NEW

Tuesday 10.30am (2hrs) Term: 9wks \$220

French intermediate (2+ years' experience) Tuesday 1pm (2hrs)

Term: 9wks \$220 French intermediate

(3+ years' experience) Monday 1pm (2hrs) Term: 9wks \$220

French advanced (4+ years' experience) Monday 10.30am (2hrs)

Term: 9wks \$220

Italian absolute beginners NEW

Thursday 12pm (2hrs) Term: 7wks \$171

Italian advanced (4 years+ experience; via Zoom) Thursday 1pm (2hrs) Term: 9wks \$220

Gardening & Sustainability

Garden club

Enjoy guest speakers, exchange plants or seeds and chat with fellow gardeners over afternoon tea. Beginners to experienced green thumbs welcome. Calendar of events coming! Third Tuesday of the month, 1pm (2hrs) Annual fee: \$20 Short courses & activities at Canterbury Neighbourhood Centre – Term 3 2023

Social

Indian cooking NEW

Learn the secrets to making authentic Indian dishes including mouth-watering entrees, warming dahls and curries and desserts.

Monday 12pm (2hrs) starting 31 July. 3 Sessions: \$175

Community kitchenette FREE

Make yourself a coffee or tea and sit down and enjoy a magazine in our foyer. Weekdays, 9am-4pm

Chatty cafe FREE

Get to know other locals and make new friends over a cup of tea or coffee. All welcome. Wednesday 10am (1hr)

Social crafters

Bring along your creative project and chat with other friendly makers who enjoy knitting, embroidery, crochet and more. All crafts welcome. Friday 10am (2hrs) Free for CNC members

Community library FREE

Take a book, share a book. Our community library is available weekdays from the foyer. We have a full range of thriller, history, biography, literature and more as well as children's books. Weekdays, 9am-4pm

Mah jong

A classic game of strategy and skill. New players welcome. Friday 10am (2hrs) Term: 10wks \$50

Book circle

Meet up for lively discussions on books, films, community activities and events. Second Tuesday of the month, 10am (2hrs) Free for CNC members

Bridge club

Wednesday 12pm (5hs)

The Written Word

Writing life

Structured lessons to guide you in capturing and sharing your valuable memories and anecdotes from your life and family history. Tuesday 10am (2hrs) Term: 9wks \$216

Creative writing NEW

Develop your creative writing skills focussing on character development, narrative, point of view and plot. Enjoy support and encouragement from other writers, led by an experienced tutor. Tuesday 1pm (2hrs) Term: 9wks \$216

Free trials available for all classes



For class bookings visit our NEW website: www.canterburync.au Call us: 9830 4214 Send us an email:

office@canterburync.au Follow us: facebook.com/canterburync instagram.com/canterburync



Get to know your neighbours Leon Rashan – warrior on

There are not many kids who get excited about garbage bins. But you only have to mention bins to see nine-year-old Leon Rashan light up and the biggest smile spread across his face. 'I just LOVE rubbish' explains Leon. 'I don't really know why but I have been a bit obsessed with rubbish trucks and bins since I was 3 or maybe 4 years old,' he says.

Leon knows many of the Boroondara garbage truck drivers by name and is a regular curb-side on collection day. His fascination even led him to creating his own YouTube channel **Rubbish Truck Day Collections** filming local Boroondara trucks in action. 'I film trucks because it's fun and it's what I am passionate about'.

What started with a love of rubbish trucks has developed into a sustainability mission around recycling and reducing landfill waste. Leon is fascinated with overseas recycling schemes, explaining that 'in Japan, people separate mixed recycling into 8 distinct categories!' Leon believes Australia could do this too as 'it's just about changing our habits', he says.

> The realities (and politics) of slowpaced change are not lost on this grade 4 student and Leon is clear that the decision needs to come from the top: 'Government and councils need to make the choice it is really about making decisions.' When asked what role kids can play, Leon says that kids need to speak up. 'Lots of kids want to help and they have ideas. Kids can join a sustainability group and they need to tell their ideas to council. It's not all about money.' Good point.

waste

TOP RECYCLING TIP FROM LEON Don't bag your recyclables in plastic. Oh and watch for those pesky fruit stickers.

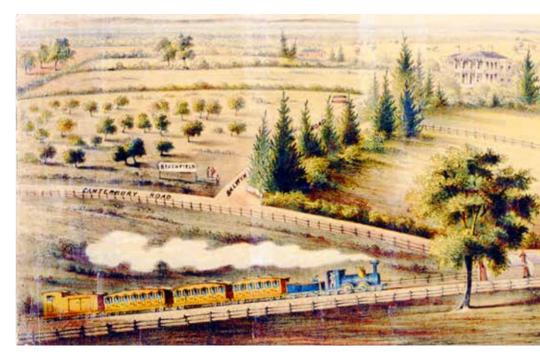
Leon is an active member of his school's sustainability team. and the group has been working with Reground. a social enterprise committed to helping organisations minimise waste. After completing a rubbish bin audit, the team has implemented a fivebin system throughout the school, separating waste into paper/cardboard, soft plastics, food waste, mixed recycling and landfill. All food waste is managed through compost and the school even offers specialised collection а site for difficult to recycle items (such as toothpaste tubes, textas, hair elastics, batteries) for the whole school community to use.

Leon has adopted his own sustainability strategies at home, creating recycling signage for his mum, dad and little sister Cleo. As Leon explains '(They) try to do their best' and he is 'pretty strict about bins'. FOGO contamination with fruit stickers is an ongoing problem that requires vigilant checking.

Tissues Plasti Broken gl ecycleb cut Genral Waste

Leon's signage aims to assist with recycling and rubbish sorting

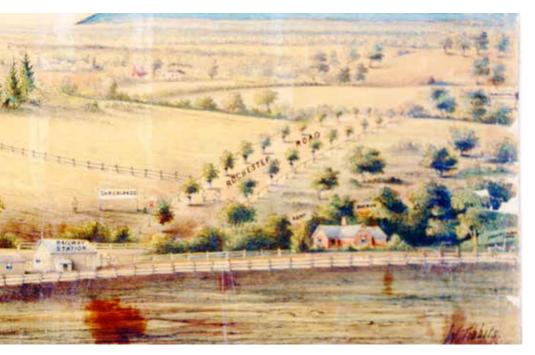
When asked about what he wants to be when he grows up, Leon considers carefully before answering: 'I think I want to change things a bit. By the time I grow up people will be more advanced. I want to make stations or recycling centres, create facilities for recycling that are local for everybody. Or I could be an environmentalist.' Whatever he decides, there is no doubt that Leon is going to make things happen.



Shrublands Canterbury's stately home

Many Canterbury residents will recognize the lithograph by William Tibbits of the arrival of the train service to Canterbury in 1882. A train, with a banner of smoke unfurling behind, chuffs towards a small building with 'RAILWAY STATION' painted on its roof. Stretching away from the railway line are orchards and fields as far as the eye can see, dotted with just a few buildings. On the right of Balwyn Road, a row of Monterey pine trees lines the driveway to an imposing manor house. There's a sign in the field below the house letting you know the property and the manor house are called Shrublands.

Above: The original Shrublands estate is featured in William Tibbits painting 'Canterbury 1882 – The Machine in the Garden'. Courtesy Boroondara Library Service



Ernest Carter, the owner of Shrublands, commissioned Tibbits to paint the picture to promote the sale of some of his land for subdivision following the arrival of the railway.

As Melbourne spread across the Yarra into Hawthorn and Kew following the gold rushes, several gentleman settlers bought large tracts of land further east in Boroondara and adorned them with large houses. Carter, a dentist in Russell Street in the city, moved to Boroondara in 1857, and in 1863, moved into his two-storey brickand-stucco Italianate mansion positioned on a hill in Balwyn Road, where it still stands today.

At its largest, Shrublands was 87 acres, its boundaries being Balwyn, Chatham, Mont Albert and Canterbury Roads. Carter also owned the land called Heathfield



Advertisement for the subdivision of Shrublands in 1885. Part of the booming land market prompted by the arrival of the railway



Over the years, the home changed its role, responding to new ways of caring for needy children.

Shrublands tour in 1989

on the west side of Balwyn Road. Like the surrounding estates, his property was self-sustaining in many respects, having an orchard, vegetable garden, land to run grazing animals as well as a large vineyard. He was an early vigneron and produced Shrublands labelled wine in the 1860s and 1870s when the Boroondara area was one of Victoria's leading wine growing regions.

In 1883, Carter sub-divided the land, and John Hindson, a stockbroker, and his wife, Alice, purchased the mansion and 8 acres of surrounding land. Alice was the daughter of Francis Henty, who along with his brother, Edward, established the first settlement in Victoria at Portland. In 1889, the Hindsons commissioned William Wolfson to renovate and extend the house, and it was extended again in 1934, both extensions being sympathetic to the original house; however, the cream brick veneer cottages also built in 1934 in the front of the house were controversial for being out of character.

Hindson and his son William died in 1919. In 1924, Alice Hindson, a devout parishioner at St Barnabas Anglican Church in Balwyn, gifted the house and remaining two acres of grounds to the Anglican Church as a memorial to her husband and son. She wanted them to use it as a seminary for Anglican priests; however, the Church wanted to use it as a boys home, and she accepted this with the proviso that it was named for her husband.

St Johns Anglican Home for Boys opened in 1926 as part of a response to meet the welfare needs of boys in the aftermath of World War One. It cared for needy and destitute children - not orphans - and accommodated up to 75 boys aged 5-15. In 1944, it established St Martin's Hostel in the grounds so that boys aged 15+ were not left without housing and support. Then In 1958, it broadened its scope and accepted girls as well, adding 'and Girls' to the name of the home. Over the years, the home changed its role, responding to new ways of caring for needy children, including housing them in cottages both on and offsite, and by 2000, it was being used as a conference centre and a meeting place for groups concerned with youth welfare.

The cellar built by Carter for the wines he produced provided an ideal space for a chapel with its rough bluestone walls and brick archways. Alice Hindson and



The original cellar was converted into a chapel by St Johns Anglican Home for Boys



The kitchen with Miss Appleby (Matron) 1989

her sister, Louise, embroidered hangings for the front of the altar and Dame Nellie Melba donated artefacts from Lord Nelson's flagship, the Victory, including a lamp, Nelson's brass cabin bell and two three-foot-high mahogany candlesticks. Services and weddings were held there. In 2002, as part of the newly-formed Anglicare, St Johns sold the house to ICorp Developments, who put it back on the market more-or-less straightaway, although it took some time to sell. Local residents became alarmed that Shrublands might be demolished when a surveyor told them there were plans for 20 houses on the site and real estate ads spruiked it as an 'unparalleled development opportunity'. So they banded together, and in 2003, put in an application to the Victorian Heritage Council. Later that year, Shrublands was listed on the Victorian Heritage Register and obtained a National Trust category C listing.

In 2003, it was purchased by Michael and Anne Williams, who set about painstakingly restoring the by-then rather derelict house to its former glory. They lived in the house until just a few years ago, selling it in 2021 to businessman, Ali Ali for \$29 million. His tenure was short, and the house was once again put on the market in March of this year.

With its heritage listings, this beautiful home at 16 -20 Balwyn Road should continue to grace Canterbury for many years to come.



Shrublands 2022. Image by Ray Gruchy

Mick Pealing: Australian Country Rock Icon

With a career as a country rock vocalist spanning many decades and still going strong, Canterbury resident Mick Pealing could rightly be considered a living legend in his field. Starting out in the early-mid 70s, he is still performing with several different bands including a revival of Stars, the band which first launched him as a front man and vocalist.

Mick Pealing got into music at a young age. At home in Adelaide, both his parents loved playing music and, growing up, Mick and his four siblings were used to listening to their father's jazz records and to their mother's favourite local music radio station.

His father's taste in music would influence him later on: singers like Frank Sinatra, Ella Fitzgerald and Mel Torme. Likewise, the wide and eclectic range of music styles played by local radio in the 60s and 70s – everything from Motown to Mersey and all stops in between - helped to shape his imagination and taste.

So music was where he wanted to be. He was asked to join with local neighbourhood musicians, and eventually they became the

band, Stars. It only took a couple of years for Stars to become one of Australia's leading Country Rock bands. They were touted as Australian rock'n'roll cowboys, and they played the local pub and club circuit.

Says Mick: 'Live music in the 70s and 80s was pretty well what everyone was into, so live venues were in virtually every second pub all the across the country, which led to working up to six, sometimes seven, nights a week without doing the same venue twice in a month.'

Stars' national career took off after playing support to the Little River Band. Band member, Beeb Birtles, drew Stars to the attention of Mike Gudinski of Mushroom Records. They signed to a record deal with Mushroom, moved to Melbourne and quickly produced two singles, *Quick on the Draw* and *With a Winning Hand*, and eventually produced their first album, *Paradise*.

After their move to Melbourne, they discovered that they were struggling with the writing. They asked friend Andy Durant from South Australia if he could help, and he joined the band. They embarked on a relentless program of non-stop touring, notching up support slots with The Beach Boys, Linda Rondstadt, British rock band ELO and many others, along with their own well-received headlining shows.

However, tragedy befell the group at the peak of their fame, when Andy died of cancer aged just 25 in early 1980. A fitting tribute was held later that year at the Palais Theatre in St Kilda. Being one of the first of its kind, *The Andrew Durant Memorial Concert* featured Andy's songs performed by the remaining members of Stars, as well as Cold Chisel, Renee Geyer, Richard Clapton and the cream of Australia's rock talent at the time. The concert was recorded, and a double album topped the charts around the country, with all proceeds going to The Peter McCallum Cancer Clinic in Melbourne.

After Andy's death, Stars stopped performing as a group. Mick continued to tour with various bands and included Stars' hits in his repertoire. Over the next three decades, he also fronted his own bands, Mick Pealing and The Ideals, The Method, and Spaniards.

In 2015, he and fellow original Stars band member, Mal Eastick, were inducted into the South Australian Music Hall of Fame, and the band got back together to perform at the ceremony. They started talking about reforming Stars, and this came about in 2019.

The recently reformed Stars are still performing, with a critically acclaimed first album, *Boundary Rider*, and the most recent CD release being *One More Circle Around the Sun*.

Mick Pealing and Nick Charles launched their new album, *Songs from this Town*, at the Lomond Hotel on 5 February.

You can hear Mick on 96.5 Inner FM Radio, with his two shows, *Country Miles* and *The Breakfast Show with Mick Pealing*. You can find out where he is performing through his Facebook page, https://www.facebook. com/mickpealing.

Other links:

https://mickpealing.com/home

https://pealingcharles.com/mick-pealing-nick-charles https://www.starsofficial.com https://www.facebook.com/RawBritMusic/

(Some material in the article from Herald Sun article on the band, 7 May 2015, and an interview with Vicki Hobbs on amnplify.com.au)



Into the Foxes Den

From the team that brought you Outlaw Cafe comes the next stage in their journey: a vibey, fresh and super relaxing place to end the week, drink wine, eat delicious food and connect with friends, as you listen to upbeat jazz and bluesy rhythm in their super sly rendition of a wine bar called the Foxes Den.

There's delicious food and a great variety of drinks that you won't find anywhere else. Nick Zaharias and his team have been putting this together since they opened the doors on 21 February. They now plan to spend every month into next year hosting different assortments of specials and delectable food. This is a place you'll want to linger, with mighty spicy margheritas, a Moreton Bay flathead lobster roll and a family recipe of vodka pasta being the notable favourites. Come share a wine, indulge in popcorn cauliflower, catch up with a friend or come on your own. Choose from an assortment of drinks and ten share plates. It's entirely up to you and it's entirely for your pleasure.

Nick reflects: "It was always my goal to open a night venue like this in Canterbury. I think so many people want to just sit, enjoy themselves, relax with friends and have a wine. Mix that with a simple food menu, a sunlit room of plants and a beautiful historical 1920 building – that's what the Foxes Den provides. That's what we've been doing since December last year and it's been going so well. I plan to stay open all year, well into winter... even host Sunday sessions where people can come,

I think so many people want to just sit, enjoy themselves, relax with friends and have a wine.

get cozy and warm without trekking to the city to find a good place to be tranquil."

Basking in the warm light and plant-filled atmosphere, you quickly feel a part of the family. A quick perusal of the three pages of delicious cocktails and you're sure to find something that will tickle your fancy. There's a wide range of beers and even an alcoholic seltzer. The wine list includes wines from all around Australia that are organically sourced from vineyards that produce less than 100 bottles - small family run wineries that share the same ethos - good people, good service and great product. The selection of wines from Boccaccio Wine Cellars changes every month, and includes some of the best wines from Italy and other regions of Europe.



It's clear Nick and his team have been putting in the effort and planning - and they have even turned the beautiful building into a function space. They have hosted a 40th, 50th and a 21st in the last few months, catering for anywhere between 10 and 55 people, from fully catered gourmet food to simply an open bar tab.

Outlaw's the name but people are their game.

To enquire simply pop in or send them an email outlawcanterbury@gmail.com



Maling Road Autoclassico



Maling Road's usual Sunday morning tranquility was interrupted by the sound of classic car exhausts early on May 21st. It was time for the annual Maling Road Autoclassico. This is a highly successful free event organised by Peter Barclay, Athena Kaptopodis and their team of volunteers, and is strongly supported by the local traders, the public, car owners and sponsors.

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With the help of traffic marshalls, in 90 minutes, more than 260 cars were strategically placed to their best advantage. While the weather was overcast at the start of the day, the clouds cleared and the sun shone by the time the crowds arrived.

Cars from Europe, America, Australia, Japan and England were showcased. While modern cars were also represented, some dated back to the turn of the last century. Many had been painstakingly rebuilt to their former glory, and it was interesting chatting with the owners to hear how they had had the work meticulously carried out.

As well as the car exhibits, Autoclassico offered plenty of entertainment for the whole family. Popular with the children were superheroes Wonder Woman, Iron Man, Spiderman and Bumblebee. A balloon artist, slot cars and a DJ added colour to the event. A new initiative this year was a fashion parade. Six models paraded the length of Maling Road to showcase the clothes of local boutiques.

The event concluded with the awards ceremony, which was opened by local counsellor Jane Addis and Maling Road Traders Association representative Athena



While modern cars were also represented, some dated back to the turn of the last century. Many had been painstakingly rebuilt to their former glory.

Kaptopodis. Presentations were made to the winning car owners by the sponsors. This year's event was well attended, and this together with past success places Autoclassico as a popular fixture on the local calendar.





School Readiness Program

Term 3 and 4 Canterbury Neighbourhood Centre ^{2 Kendall Street, Canterbury} Thursdays / Fridays 9.30 - 11am

Aa

Give your child a head start with Literacy and Numeracy Get ready for Prep!

They will have fun in a small class learning to read, write and spell

learning letters and sounds blending sounds to read words segmenting sounds to write words reading and taking home our Pip and Tim decodable readers Number and Maths activities Craft/Games/Music

*Multisensory *Experienced Teacher *Develops social skills *Little Learners Love Literacy Program

Love2learn.com.au

To book a trial class contact - Lisa Price 0425 727 668 love2learn@outlook.com.au