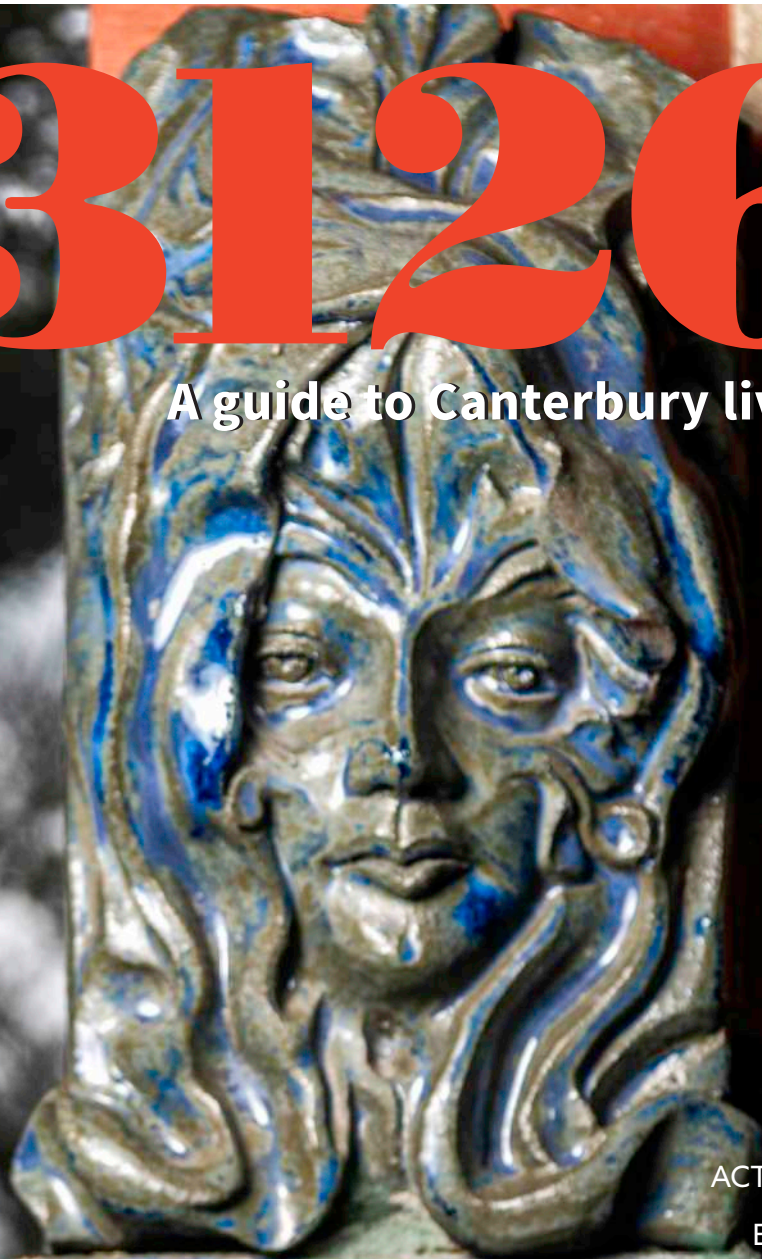


3126

A guide to Canterbury living



The mystery of
Camille Claudel
page 10

ACTIVITIES

EVENTS

COURSES

OUR LOCALS

SPRING 2019

Canterbury
Community Bank[®] Branch



**We have given \$5 million back
to the local community.**

When you bank with us the community benefits.



Contact Branch Manager, Shuro Shome and the team at the Canterbury Branch to see how we can assist you.

Shop 2, 143 Maling Road, Canterbury

T: (03) 9836 9466

E: canterburymailbox@bendigoadelaide.com.au

www.supportingourcommunity.com.au

3126

Welcome to Spring

The development of the Canterbury Community Precinct continues and City of Boroondara is working on an open day for the whole Canterbury community to see the site of the new building and meet the organisations that will work together to provide a great range of services to Canterbury. Keep an eye out for details of the day coming soon.

In this edition of 3126 we solve the mystery of the sculpture on Wattle Valley Rd, introduce you to your local climate action group and celebrate local support for the LGBTIQ community. We are looking for stories for the Summer edition now, get in touch if you have a local tale to tell.

For further information and enquiries, volunteering or to submit a story:

P: 9830 4214

E: 3126@canterburynh.org.au

W: www.3126.org.au

Correction from Winter 2019 Edition.

The Article "Local treasure; *St Paul's Anglican Church World War 1 Memorial Honour Board*", referred to sisters Daphne and Claudine Cadwallader and their brother Stanley Albert Moger in error. The sisters were not related to Stanley Albert Moger. 3126 apologies for this inaccuracy.



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Disclaimer: The views and opinions expressed in this publication are those of the businesses and companies represented in this issue and not necessarily of the editors nor the Canterbury Neighbourhood Centre.

Front cover image:

Front cover image: Ray Gruchy

Canterbury Neighbourhood Centre local short courses & activities



**NEW
CLASS**

Impressionism in Art and Music **NEW**

Explore the life and work of the pioneering painter Claude Monet to a soundtrack provided by the equally innovative composer Claude Debussy. In response to the beauty of the natural world each man extended the potential of his chosen medium to produce challenging yet engaging works of art and music.

Wednesday 10am – 12 noon
Starts 30th Oct (1wk) \$50

The Arts

Nature In Art (beginners welcome) **NEW**

Renowned botanical artist Terry Napier will guide you through watercolour techniques to illustrate the botanical world.

Monday 9.30am – 12pm or
12.30pm – 3pm
Starts 14th Oct (8wks) \$216

Watercolour (beginners to advanced)

Explore a range of mediums and techniques in this small class with our experienced and talented artist Deb Mawdsley.

Tuesday 9.30am – 11.30am or
12.45pm – 2.45pm

Starts 8th Oct (8wks) \$200

Creative Drawing Taster Class

Using graphite, charcoal, pens and watercolour this class will breakdown techniques of drawing. Suitable for all levels.

Wednesday 10am – 12noon

Starts 27 Nov (2wks) \$20

Upholstery and soft furnishing

Reinvigorate that tired piece of furniture or create a new cushion. Some storage is available between classes. Suitable for all levels.

Tuesday 9.45am – 12.45pm and/or
12.45pm – 3.45pm

Starts 8th Oct (9wks) \$270



Children

Playgroup – structured

Facilitated by an early childhood educator, toddlers and pre-schoolers learn new skills through play, games, stories and music. Parents, grandparents or carers are encouraged to join in.

Children under 12 months free.

Monday and Tuesday 9.30am – 11.30am

Monday starts 7th Oct (9wks) \$126

Tuesday starts 8th Oct (9wks) \$126

Young Superstars – acting for children (3 – 4yrs)

Learning the basics of acting, children will go on a journey to outer space and a pirate island.

Monday 10.45am – 11.45am

Starts 11th Nov (1wk) \$25

Drama basics for children (5 – 7yrs)

Children will learn the basics of drama to put together several short performances

Wednesday 4pm – 5pm

Starts 16th Oct (8wks) \$160

Technology

Tech and tea

Learn more about how to use your smart phone or tablet in a relaxed, friendly local café.

Call CNC for further details.

Monday 9.30am – 11.30am

Starts 21st Oct (2wks) \$20

Fitness

Buff bones for osteoporosis

A Pilates based full body workout for bone strengthening and balance, integrated with strength training, functional and rehabilitative exercises.

Monday 9.30am – 10.30am

Starts 7th Oct (9wks) \$153

Thursday 9.30am – 10.30am

Starts 10th Oct (10wks) \$170

Fun fitness for the brain and body - Ageless grace

An uplifting holistic program for wellbeing which is beneficial for stress and anxiety relief, memory retention, coordination and balance, and promotes creativity. Suitable for people of all ages and abilities who are interested in maintaining their brain health.

Friday 10am – 10.45am

Starts 18th Oct (9wks) \$126

Pink Ribbon Program



This program is endorsed by the National Breast Cancer Foundation. The Pink Ribbon Program was created to enhance recovery for breast cancer patients. Utilising Pilates this program helps stretch and strengthens the shoulders, chest and back allowing the patient to improve range of motion and strength to those areas most affected by breast cancer surgery, treatment and reconstruction. Doctor's clearance required.

Monday 10.45am – 11.45am

Starts 7th Oct (9wk) \$162

Pilates for flexibility

Improve your posture through correct alignment. Flexibility and strength will be a focus of the class with a variety of different Pilates props. Suited to all ages and levels of mobility.

Thursday 10.45am – 11.45am

Starts 10th Oct (10wks) \$170

Dance Latino Style

Learn salsa, samba, cha cha, rumba and more. The movements are gentle and adapted to all shapes and ages and does not involve partner work.

No experience necessary.

Thursday 10.30am – 11.30am

Starts 10th Oct (10wks) \$160

Tai Chi

A gentle integrated mind and body exercise that focuses on control of movements and breathing for overall wellbeing.

Beginners

Friday 10.45am – 12pm

Starts 11th Oct (10wks) \$140

Walking groups

Get fit and make friends. Enjoy a walk through the streets and gardens of Canterbury. Stop for a coffee along the way!

Fast pace

Thursday 9.30am – 11am

Starts 10th Oct

Free for CNC members

Gentle pace

Thursday 10am – 11am

Starts 10th Oct

Free for CNC members

Yoga (Beginners to experienced)

Hatha yoga uses gentle stretching techniques to release tension, increase flexibility and create a sense of calm.

Monday 9.30am - 10.30am

Starts 7th Oct (9 wks) \$126

Tuesday 9.30am – 10.30am

Starts 8th Oct (9wks) \$126

Yoga – Chair Based

Strengthen and stretch your body while being comfortably supported by a chair. Includes breath work, short meditations and seated relaxations.

Suited to low mobility.

Monday 10.45am – 11.45am

Starts 7th Oct (9wks) \$126

Yoga – Prenatal

This Hatha yoga class focuses on the use of meditation, breathing and relaxation to promote health and well-being during pregnancy. Not recommended for women in their first trimester.

Tuesday 11am – 12pm

Starts 8th Oct (9wks) \$126

Community

Small Seeds

Help create and maintain a small raised garden and grow fresh vegetables in our community garden.

Tuesday 1.30pm – 2.30pm

Starts 8th Oct Free

Language

French for beginners (12mths exp)

Wednesday 10am – 12pm

Starts 9th Oct (9wks) \$207

French beginners plus (18+mths exp)

Tuesday 1.15pm – 3.15pm

Starts 8th Oct (9wks) \$207

French intermediate (2yrs exp)

Monday 1pm – 3pm

Starts 7th Oct (9wks) \$207

French advanced (4+ yrs exp)

Monday 10.45am – 12.45pm

Starts 7th Oct (9wks) \$207

Italian beginners (6mths exp)

Thursday 12.30pm – 2.30pm

Starts 10th Oct (9wks) \$207

Italian beginners (12mths+ exp)

Thursday 9.45am – 11.45am

Starts 10th Oct (9wks) \$207

Italian beginner (2yrs exp)

Wednesday 3pm – 5pm

Starts 9th Oct (9wks) \$207

Italian intermediate (3yrs+ exp)

Wednesday 12.45pm – 2.45pm

Starts 9th Oct (9wks) \$207

Italian intermediate (2yrs exp)

Thursday 12.20pm – 2.20pm

Starts 17th Oct (9wks) \$207

Italian advanced

Thursday 10am – 12pm

Starts 17th Oct (9wks) \$207

Italian advanced- Language & Conversation (6yrs+ exp)

Wednesday 9.30am – 11.30am

Starts 9th Oct (9wks) \$207

Spanish intermediate (6mths+ exp)

Monday 10.30am – 12.30pm

Starts 9th Oct (9wks) \$207

Literature

Book circles – Maling Rd

Meet at a local coffee shop for discussions on books, films, community activities and events. Call CNC for further details.

Maling Rd

1st Tuesday/month 10am – 11am

2nd Tuesday/month 10am – 11am

2nd Tuesday/month 2.30pm – 3.30pm

Free for CNC members

Literature – The Elizabethan Underworld

The underworld of Elizabethan times was a thriving and diverse community leaving an enduring language legacy. You will find this little-known history of 'priggers' and 'prancers' intriguing.

Tuesday 10pm – 12pm

Starts 22nd Oct (4wks) \$92

NEW CLASS

Literature – Philosophy **NEW**

This will comprise a brief summary of the development of philosophical ideas from the pre-Socratic era to the 20th century in Western philosophy. We will look more closely at the major ideas of selected major thinkers such as Socrates, Plato, Machiavelli, Descartes, Marx, Nietzsche, Foucault, Sartre and more.

Wednesday 1pm – 3pm

Starts 16th Oct (9wks) \$207

Writing life

Structured lessons to guide you in capturing and sharing your valuable memories and anecdotes from your life and family history.

Tuesday 10am – 12pm

Starts 8th Oct (9wks) \$207

Cooking

Chinese Dumplings

Learn how to make Chinese dumplings. Class will cover selection of ingredients, preparation and cooking. Meat, vegetarian and gluten free options covered.

Wednesday 10.30am – 12.30pm

Starts 30th Oct (1wk) \$75

NEW CLASS



To find out what's on at Canterbury Neighbourhood Centre follow us on

 www.facebook.com/canterburynh/

 [canterburync](https://www.instagram.com/canterburync)



Talk to us

Pop in: 1st floor, 2 Rochester Rd, Canterbury

Call us: 9830 4214

Send us an email:

office@canterburynh.org.au

Visit the website: [canterburynh.org.au](https://www.canterburynh.org.au)

Become a member: Canterbury Neighbourhood Centre is not for profit and community led. Membership is required for ongoing term based courses which helps support our work.

Sleeptex® Intelligent Bedding Collection™

Thermoregulating quilts and mattress underlays for a healthy, restful Sleep.



Sleeptex® is a local boutique supplier that manufactures luxury bedding products.

The current range includes European feather and down pillows; memory fibre and Cosy San® fibre pillows; pillow protectors; The Ultimate World Travel Pillow.™; and the new Sleeptex® Intelligent Bedding Collection™, which combines natural TENCEL® and Cell Solution® Clima to provide exclusive temperature - regulating quilts and mattress underlays.

TENCEL® fibres absorb moisture quickly and naturally, and then release it away from the body. It has a sensual feel, is naturally antibacterial and skin friendly.

Cell Solution® Clima fibres are composed of phase change material (PCM), which absorbs excessive body heat and releases it back to provide a comfortable climate for the body.



Sleeptex® products are manufactured from top quality fabrics and materials without harmful chemicals; and they are sewn with a unique body-fit stitching

pattern designed to follow the contours of your body. This provides exceptional comfort, durability and performance.

This range may be beneficial for menopause, partners requiring different levels of warmth and for those with difficulty sleeping due to fluctuating temperatures.

Sleeptex® products are available directly to the public. We offer a friendly and professional service, where individual requirements are discussed to find the right solution for the customer.

- Thermo regulating quilts, mattress underlays & pillow covers
- European down pillows
- Memory & synthetic fibre pillows
- Pillow protectors
- World Travel Pillow
- Blue Magic Ball®



**For all enquiries,
please contact:
Charles Sava
Phone: BH (03) 9808 1288
or 0417 866 088
www.sleeptex.com.au**



Sleeptex® is a registered trademark of Sleeptex Pty Ltd

Reasons you can't lose weight (and they aren't always the obvious ones)

We're betting you are thinking to yourself, "What the heck am I doing wrong? I've tried everything and I'm just not losing weight!"

There are many reasons why you may not be losing weight or body fat AND we have come up with 16 of them!

Nutrition is one and not moving enough is another. But thinking only in that paradigm is not getting to the root of the problem. Sleep deprivation, cortisol and stress, snacking, over-exercising (yes, it's true!), hormones, toxins and chemicals, allergies and more, are factors.

At ALTA we don't just consider nutrition and exercise. If you are looking to lose weight, we won't put you on a nine-week challenge. We will look at you as a whole and help you for the long term to live a fitter, healthier and happier life.



ALTA Fitness is a boutique fitness studio that offers personal training, rehabilitation, and coaching programs in strength and conditioning disciplines to nurture and inspire our community for the long term.

Your first Fitness Assessment & 30 minute PT are free!

Jean-Claude, Linda and the ALTA Fitness team.



ALTA Fitness

233 Canterbury Road
Canterbury 3126

Ph: 9077 8946

www.altafitness.com.au

Mon – Fri: 6am–8pm

Sat: 6am–12.30pm

Sunday: Closed

Camberwell Hockey Club Celebrates Pride Cup

On the weekend of 3rd and 4th August, Camberwell Hockey Club celebrated Pride Cup, a round to celebrate diversity and show its support for LGBTIQ members of our community. It was a weekend when all senior teams participated, sporting the famous rainbow socks. It was a day of rainbows, acceptance, and inclusion!

At Camberwell, we work hard to ensure that all our players, members and community feel included. Part of this is promoting positive language, policies, and events like Pride Cup to ensure everyone feels welcome.

Despite the grey sky, the pitch at Matlock was looking a little brighter than usual, with a giant support rainbow heart painted on the field, spectacular balloon art decorating the scoreboard, flags, and bunting.

It was great to see a large crowd making its way down to Matlock Reserve to support the top teams taking on Melbourne Cricket Club. It was an exciting afternoon of hockey, with high scoring games and both Camberwell teams successful, the women winning 6-3 and the men 6-1.

Stacy Clarke, a player in both the Women's Senior and the Masters' sections at the club, presented the Pride Cup medals after the games. Pride Cup is a cause close to Stacy's heart, and on the day she spoke about how happy she feels to play at Camberwell, which she says is an inclusive and welcoming club.



‘Camberwell Hockey Club has always been fully inclusive and accepting of myself as a player and member of the club, my transgender background has never been raised or a matter of question. I’m ‘just another member of the team.’ Following or participating in sport is an Australian tradition and Pride Cup helps send a loud message to say that you are accepted irrespective of your sexuality or gender identity, that people of the LGBTIQ community are welcome in hockey.’

The club is incredibly proud of Stacy, her ability and courage in sharing her story on the day and helping the club celebrate an excellent day for inclusion and diversity.

Camberwell Hockey Club – A supporting community partnership

For more information John Unkles
0417 258 396 or email
board@camberwellhockeyclub.com.au

The mystery of Camille Claudel

Ray Gruchy



I'm a long time resident of Canterbury and very interested in local history and local stories. I enjoy walking around the neighbourhood and my regular walking circuit takes me up Maling Road, around Canterbury Mansions and down Wattle Valley Road. My attention has often been drawn to a bronze bust of a woman named Camille Claudel, set on a modern brick wall between the end of the Canterbury Mansions' old stable buildings and the adjacent carpark in Wattle Valley Road.

I was out recently taking photos for this newsletter and was again piqued by the bust. Who was Camille Claudel and why was she there? I decided to find out.

I did a bit of digging in online sources and discovered that she was a talented French sculptor and one-time mistress of Auguste Rodin:

By her teenage years Camille was already a remarkably gifted sculptor, and her abilities were recognized by other artists of the time. She entered the Colarossi Academy (now the Grande Chaumière and one of the few places

open to female students at that time). Her first extant works are from that period.

*Claudel and Rodin probably first met in 1883 when Rodin took over as her teacher at the academy. Shortly thereafter she became his student, collaborator, model, and mistress. While continuing to work on her own pieces, she is believed to have contributed, as a typical studio assistant or student would have, whole figures and parts of figures to Rodin's projects of that period, particularly to *The Gates of Hell*. By 1892 her relationship with Rodin had begun to crumble, and by 1893 she was both living and working alone. She worked ceaselessly, impoverished and increasingly reclusive. She continued to exhibit at recognized salons (the *Salon d'Automne*, the *Salon des Indépendants*) and at the Bing and Eugène Blot galleries.*

She became obsessed with Rodin's injustice to her and began to feel persecuted by him and his 'gang'. After 1905, she appeared to be mentally ill. She destroyed many of her statues, disappeared for long periods of time and exhibited signs of paranoia. She was diagnosed with schizophrenia, although

there were many who did not think she was mentally ill. In March 10, 1913 she was committed to an asylum at Ville-Évrard. In September 1914 she was transferred to the asylum of Montdevergues, where she remained until her death in 1943¹.

So, we know who she was but why is there a shrine to her here in Canterbury?

I tried several different avenues to answer this question. I sent off emails to both the Rodin-Claudel Museum and the Camille Claudel Museum in France but received no response. I spent several hours on the internet trying to find a link. Finally, I tried the Victorian Sculptors Association and they suggested a few possibilities but also asked an insightful question: 'Was there a Potter's Mark on the piece?' So I went back and had a very close look and found an almost illegible stamp. Standing on tip toes on a small stool with my camera at arms-length above my head I was able to get a photo of the stamp.

At home on my computer I used every photoshop trick I knew and finally I could make out who made the piece. A bit more research, an email to the person I believed made it, an agonising wait and a response. I now had confirmation of the artist who created the piece,



Graeme Foote, a sculptor who worked in Canterbury and Surrey Hills. Graeme had founded the architectural sculpture company 'Dragons and Gargoyles'² before selling the business in 1998. He then established a successful studio in Hawthorn³. The studio is still in operation to this day.



Graeme told me that when Canterbury Mansions were restored - over 20 years ago - the owners restored the old stables for one of their parents who had recently been widowed. He was downsizing but a great lover of the arts, particularly Camille Claudel. He felt she had never gained the recognition she deserved, but was always in the shadow of Rodin even though she was a great sculptor in her own right (often the way for woman of this era) He commissioned this piece as a monument for Camille Claudel but with the added feature of having living plants in the piece as well. 'I am glad you have noticed this piece and hope you continue to enjoy the piece as it was placed in this position for others to enjoy and wonder who was Camille Claudel.'

I can only say that the person that commissioned the work has achieved his aim and thank Graeme for crafting this beautiful tribute and for providing the information.

¹ From Britannica

² Gargoyles and Dragons operated from "Beltrami", Canterbury Rd and later from the old Post Office building in Surry Hills before moving to the current location in Reservoir.

³ Surrey Sculpture Studio at Hawthorn Studio & Gallery, 635 Burwood Road, Hawthorn East, Victoria 3123

Working together

Canterbury Medical Clinic and Maling Road Pharmacy

The family medical centre and the neighbourhood pharmacy make the most of their proximity to each other in providing medical and pharmaceutical care to local residents and others who use their services.

(Canterbury Medical Clinic and Maling Road Pharmacy)

...have developed a strong and co-operative relationship in serving their patients.

‘We have a very good relationship and ring each other all the time’,



Just a short walk apart across Canterbury Road and under the railway line, both have been serving the community for a long time and so have developed a strong and co-operative relationship in serving their patients. ‘We have a very good relationship and ring each other all the time’, says Dr Tania Siddiqui of Canterbury Medical Centre.

Canterbury Medical Clinic is an amalgamation of four practices that have provided family medicine to the residents of Boroondara and surrounds for several

generations. Dr John Addis, Dr Coleen Wood, Dr Tania Siddiqui and Dr Philip George continue this tradition.

We are committed to providing the highest standard of care for the benefit of each patient’s health and well-being, striving for excellence in all aspects of our practice. We endeavour to provide our patients with the best and most current treatments, methods, materials and equipment within our resources. Team work is highly valued and encouraged for our patients’ satisfaction.

Canterbury Medical Clinic

Opening hours:

Monday – Friday: 8am – 6.30pm

Saturday: 9am – 12pm

Sundays & Public holidays: Closed

Bulk Billing is applicable for children under 16 years of age, Healthcare card holders & pensioners.

Online booking is available at www.canterburymedicalclinic.com.au

Our GP services:

- Children health
- Women's health
- Seniors' health
- Men's health
- Diabetes management
- Asthma management
- Mental health assessment
- Travel medicines
- Work Cover

Canterbury Medical Clinic also offers comprehensive paramedical care; including psychology, podiatry and audiology.

We are situated close to Canterbury station and Maling Road. Patients can park at the rear of our building or in the public car park behind us – accessible from Canterbury Road or Delaney Close.

Canterbury Medical Clinic

215 Canterbury Road

Canterbury 3126

Ph: (03) 9836 2402

Fax: (03) 9836 1041

Reception@canterburymedicalclinic.com.au

Melway Reference: 46D11

www.canterburymedicalclinic.com.au

Maling Road Pharmacy –

looking after the community and its well-being

Maling Road pharmacist, Alan Ku confirms the strong relationship with the medical clinic. 'It means we can get things sorted out quickly and efficiently', he says. 'For example, if we get a script with a strength change in medication, we'll check that this is correct, or if a patient has had a medication before and it didn't work, we can discuss changing it to something else. The clinic will take our recommendation or opinion. And it works the other way as well.'

Maling Road Pharmacy prides itself on being a small neighbourhood pharmacy which knows its customers and their history. 'Here people have a better relationship with the pharmacy because we have the time to talk to them and provide a personal service.

As a result we can often solve problems quickly and make recommendations.'



Maling Road Pharmacy

131 Maling Road Canterbury 3126

Ph: 9836 4039

malingrdpharmacy@hotmail.com

www.malingroadpharmacy.com.au

Interchange – Inner East

An everyday life for all

Interchange IE is a 40-year-old family disability organisation, tucked into the sleepy hollow of Kendall Street, Canterbury, housed in the old bowling club adjacent to the Canterbury community gardens. We proudly provide a range of supports, skill development and opportunities to children and young adults with a disability and to their families.

It is a time of great change for Interchange IE as we try to navigate the new world of the NDIS, providing NDIS guidance and services to families and children without losing our focus on our wonderful respite and recreation reputation.

One of the very successful programs we run is our respite **Host Mentor Program** in which volunteers host a young person with a disability for a few hours, a day or a weekend. This time away provides valuable respite for families with a young person with a disability.

Our **recreation programs** include: weekday evening social meetups, weekend group recreational activities, as well as camps, cruises and extended interstate getaways.

Two fantastic new programs of which we are very proud include **Active Days**, and **Music in Me**.

Active Days is an initiative aimed at supporting school leavers (16 years +) with a disability to achieve valued and meaningful life roles in the community in areas such as employment, volunteering, education, travel training, social skills, and community access.



With the support of a skilled Community Mentor, young people are enabled to develop their skills and work towards achieving their goals, as well as to participate in activities in their local community. This can involve developing independent living skills such as cooking and cleaning, joining mainstream sporting groups, or turning a hobby or skill into a business or into voluntary or paid work.

Music in Me is Melbourne's first all-abilities capacity building music program. Participants learn how to read and play music on instruments that teach musical notation through colour-coded notes. Once they can read music without the colour-coding, they move to learning other musical instruments. This has been very successful, and Interchange IE now has two bands which are paid to play at parties and have been accepted to perform at the Surrey Park Music Festival in November. They had a very successful mid-year public performance for friends and family at a venue in Glen Iris.



It is a time of great change for Interchange IE as we try to navigate the new world of the NDIS, providing NDIS guidance and services to families and children without losing our focus on our wonderful respite and recreation reputation.

Music in Me is about to begin a new program, *You're the Voice* to form a choir for those who prefer to sing rather than play in a band.

The work of Interchange IE would not be possible without the support and involvement of local community groups such as The Lions Club, Rotary, Guides and Rovers, local businesses and its dedicated band of volunteers.

If you are interested in participating, volunteering or working at Interchange IE please call 98369811 or email intake@iie.org.au



Lighter Footprints

Locals taking action on climate change

Carolyn Ingvarson, Group Convenor

In 2006, I saw Al Gore's film on climate change, *An Inconvenient Truth*, and was shocked into writing to the local paper. I asked if anyone else felt a terror like me and wondered if together we might do something that we couldn't do alone. Twelve people responded and we met for a drink. Within two hours, we had formed Lighter Footprints, and that small group has slowly expanded over the last 13 years to around 2000 today.

The issue that focuses us remains the same. Humans are changing the planet's climate, with dire consequences. We are not wearers of hair shirts, but we know that we have to change how we do things. Using renewable energy is high on our agenda.

Our aim is to influence fellow Australians, including local, state and national decision-makers to take the necessary action to halt global warming.

We do this in a number of ways, including:

- Holding large scale community forums, for example with candidates at election time
- Writing expert submissions
- Lobbying politicians, governments and the local council
- Engaging the community through stalls and conversations at festivals and community events

We hold our meetings on the last Wednesday of every month, most often at our base at the Canterbury Guide Hall at 1 Faversham Road. Each month we book guest speakers who are experts in their fields to talk to us. Sometimes we fill the Hawthorn Town Hall on issues relevant to climate change and try to engage our politicians in this discussion with their community.

For example, at our July meeting, Sustainability Victoria and Boroondara Council talked to us about the vexed issue of waste. We heard about the new Council initiative aimed at removing food waste from landfill bins and offered to work with them to assist the uptake of this project as a simple way to lighten our carbon footprint.

Everyone is welcome to join our non-partisan group, which focuses on building our own understanding and then being able to take informed action. Check details of proposed meetings here – www.lighterfootprints.org. Join us for a drink and some food as well as learning about this complex business of climate change and what we can do about it, together or individually.

You can also follow us on Facebook or Twitter.



Forthcoming events

(RSVP on our website)

Agriculture, Regeneration and Climate

Wednesday 25 Sept, 7.30pm

Canterbury Guide Hall

Clean Energy and Economy

Thursday 31 Oct 7pm

Hawthorn Arts Centre (Town Hall)

Canterbury Community Action Group (CCAG)

The IGA murals – a step closer

CCAG has finally received the first two concepts for the Maling Road IGA murals.

Based on a brief formulated from feedback taken from the community meeting in March, CCAG approached the artist Jimmy Dvate. Dvate is a Melbourne based artist and graphic designer whose position in the street art world is well established and can be seen on walls, canvas and magazines both locally and internationally. Dvate specialises in realistic imagery of flora and fauna. His submission reflects this by focussing on one of Canterbury's most valued assets, its green spaces and amazing gardens, appealing to both locals and tourists alike, and creating a destination for Botany enthusiasts.

Similarly the artist Lucy Lucy, a Melbourne based, Parisian born painter, was chosen for her fresh take on exploring the diversity and boundaries of heritage in a modern graphic depiction. Her concept she explains – feels for fashion, wellbeing and connection to the area, which reflects today's shopping strip and people, yet still maintains a heritage connection and an emotional bond to Canterbury.

We invite all residents of Canterbury to view these amazing concepts and forward your feedback via the website: www.ccag.net.au or email John at john@jjcgroup.com.au.

St Paul's Community Fair and Open Garden

**Saturday 9 November 2019
9am to 2pm
Church St, Canterbury**

Please join us for our Community Fair and Open Garden – it's the perfect opportunity for a family day out! The young ones can enjoy the many activities on offer including the animal farm, face painting and craft activities. Enjoy our tasty food and live music. Get a head start on your Christmas shopping whilst browsing through the treasures, books and many craft stalls. Visit a beautifully landscaped garden bursting with spring flowers. You can then improve your garden with the many plants and seedlings available for sale. We look forward to seeing you there!



Spring clearance – up to 50% off selected stock

We sell modern and traditional Persian rugs. We offer a professional repair and traditional wash, with free pick up and drop off for Canterbury customers.

Purveyor/ Insurance Claim Consultant

Monday to Saturday

10am – 5pm

Tel: (03) 9830 7755

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